

Virág Kinga

My name is Kinga and I live in Kőszeg . I was born in Kőrmend, on the 20th of August 1995.

The 20th of August in Hungary is St. Stephen's Day, it's one of the most important national holidays in Hungary. This day is celebrated with a half-hour fireworks display on the bank of the Danube in the evening, attended to by several hundreds of thousands of people. Also, it is „the day of the new bread”.

I live with my mom, my dad , my brother (you can see him on the picture above) and my grandmother. My grandma is the best cook ever. I never miss the chance to eat her cakes. For instance my favourite grandma-made cake is apple pie. My favourite soup is apple soup. I am keen on eating delicious food. I love muffins ,especially chocolate-banana muffins. Cooking doesn't appeal to me , but my cooking skills are proper enough to survive a weekend without my parents.



My brother (Ákos, aged 11)and I are both triathletes . Triathlon is a very tough sport since it consists of swimming , cycling, and running. Furthermore you must complete the three events without having a breathing space. Transition areas are positioned both between the swim and bike segments (T1), and between the bike and run segments (T2) and are where the switches from swimming to cycling and cycling to running occur. These areas are used to store bicycles, performance apparels, and any other accessories needed for preparing for the next stage of the race. The time spent in T1 and T2 is included in the overall time of the race. Triathlon is a great challenge for me , that's why I am keen on it. I relish for the feeling when I win a race.

I can describe myself as a sport maniac. I am fond of playing volleyball , handball and football. I cannot stand playing basketball. Unfortunately basketball is the compulsory ballgame in the PE lessons.

My passion is Asia. I love Japan and South-Korea. People are wonderful (some people don't agree) and Asian culture and language is impressive. Watching Korean dramas is so much fun and I enjoy the Korean language. My first Korean word that I have learnt was saranghae (I love you). Nowadays I can read the Korean writing and I am also able to write in Korean.

I have already taken part 3 times in school projects . Twice it was a „camp” in Kőszeg and in 2011 I went to Sherborne (England) with three friends of mine. I enjoy meeting new people and get to know them. As far as I am concerned school projects have only advantages. Students improve their language and social skills , discover new places and enrich their life with many experiences.

Isolation

Isolation is defined in the encyclopedia as occurring when something is placed apart or alone. Naturally we are faced with isolation at certain times throughout our lives. I am a witness that isolation can have a positive or a negative effect on us.

Isolation can be present in many forms. People from different backgrounds can suffer from several types of isolation which outcomes differ due to the loneliness that it involves.

Firstly, the negative effects of isolation, or in other words solitude, depend on the age. For instance, children who attend elementary school are more delicate. They might react to isolation intensely. The reason for that is that isolation is not chosen by the children themselves at this age. Sometimes they pick on each other. Some kids are more sensible than the others, and usually these delicate children escape from them so as to not to rally them anymore. Others prefer to be alone, in the future they will be more shy and won't socialize as much as the others.

Secondly, isolated people have no communication with anyone including family members, acquaintances. They avoid any contact with other humans. These people have no one to turn to in case of personal emergencies, no one to confide in.

Too much isolation is not always beneficial. Often, prisoners spend much time in isolation, where their behaviour may be worse. They are not able to meet their relatives, friends or be around them. They are really sentenced with being separated from their loved ones.

However isolation can be positive as well. Isolation doesn't always mean to live in a depressing environment or feeling lonely and lost. It means to spend time with nature in order to be in harmony with our spirit. Isolated people can analyse their own behaviour, their decision day by day. They can think about the mistakes they made and the good and bad things that have happened to them. They can be sad and they can cry unabashed from other people.

Moreover, there are many benefits of spending time alone, without being disturbed. Freedom is considered to be one of the advantages of isolation. If your freedom increased your choices would not be as affected by your mates, friends and family. More freedom than usual is wonderworking with a person's creativity. You cannot work or concentrate when there are too many people around you making disturbing noises which distract your attention from your work. Another proven advantage of time given in case of isolation is the self-development. If a person spends time being isolated from others he or she might experience small changes in his or her attitude, e.g. she or he will be less violate thanks to isolation. This can also help a person to discover hers/ his true identity. What I mean by the true identity is that she / he will know what kind of person he/ she is without the influence of his/her friend.

Furthermore you can spend a lot of time with yourself which is helpful to evaluate your life; what you have already done so far and what you haven't.

Finally isolation has given us many scientists, poetists, philosophers, painters, mathematician and so on.

All in all, isolation is not always bad, as long as you can cope with the difficulties.