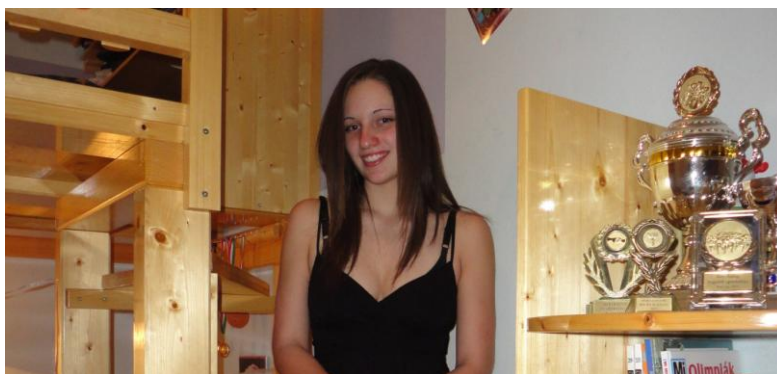


## Introduction

My name is Rebeka Sárközi. I am 16 years old. I was born at the 17<sup>th</sup> of August 1996. I am studying at Jurisich Miklós Secondary School. Before secondary school, I studied at Béri Balog Ádám Primary School.



I live in Kőszeg with my family in a big house and we have a big garden, too. I live there with my parents, my brother, my sister and our dog. My father's name is Kálmán Sárközi. He is a joiner, he works for Fenster Ludwig in Austria. He likes go running long distances in the mountains. My mother's name is Katalin, She is a P.E. teacher but unfortunately she hasn't found a job so she is a housewife now. My brother's name is Dominik. He is 13 years old. He plays football in UFC Kőszeg. My sister's name is Tirza. She is 7 years old. They both study at Béri Balog Ádám Primary School and they both do athletics in Szombathelyi SI. Our dog's name is Goldi because he is a golden retriever, he is 8 years old.

In my free time I like doing sport, especially athletics. In the afternoons I train in Szombathely, in Haladás VSE. I train five times a week. Unfortunately, I haven't got good results yet, so now I promised to train harder than before. My favourite athlete is Shelly-Ann Fraser-Pryce, she is Jamaican. I met her last summer when we had training camp and we ran at the same field. It was a wonderful experience, I will never forgot it! At the weekends I sometimes ride a bike with my father and my brother. I like drawing but usually I don't have any idea what to draw. I love listening music. I like nearly all music which has good rhythm and melody. My favourite song is Take over me from Afrojack and Eva Simons. I like using computer, I usually use it for chatting with my friends, watch videos and pictures and sometimes I play games, too. I don't have much time, so I don't watch TV very often but when I do, I usually whatch comedies or sports programs. I like travelling so if my brother goes on a competition we always go after him. In the summer I like travelling to Lake Balaton. I like shopping, especially clothes, but my father doesn't like to give me the money for it.

# Isolation

If I hear the word 'isolation', at first I think about people, who live far away from the civilization. For example the natives in Africa or the Eskimos near the North Pole. And there are people who live in a farm far away from the cities. It has also advantages and disadvantages, for example if you need help, nothing is near to you, you have to travel a lot to do the shopping or visit your friends or relatives, and you sometimes feel alone. But also everything is quiet and peaceful, and you can do what you want, nobody tells you the rules.

One of the other meanings of isolation is when some people exclude one person of their group. It is a frequent situation. The person, who is isolated feels sad and desolate and he or she notice that his or her friends weren't real friends. It can be a very awful feeling, fortunately, I haven't felt it yet and of course I don't want. And I don't want to isolate anybody.

The only situation when I feel a bit isolated is if I am on holiday. If I go on holiday with my family I am isolated from my friends and if I go to camp I am isolated from my relatives. Last summer I felt this because I went to Italy with our athletics association. We had a training camp in Bibione. Although my brother came too and there were my friends, I felt a bit isolated because I could talk to my parents only on my mobile phone. There were some trainers but we knew only one of them because the others came from Miskolc, there were some young people who are now adults but they cannot solve all problems, especially among the thirteen and fourteen years old boys, because they behaved very badly all the time. My brother was among them so I know all about the problems. The biggest problem was that a very misbehaved boy came with us. No-one likes him so everybody wanted to isolate him because he is so annoying. And they locked him out from the room so it was real isolation!

There are also some worse meanings of isolation. For example if there is a big snowstorm and the snow become so big that the people cannot go out from their houses and maybe there isn't electricity. It happened with my cousins in America. They couldn't go out of their house for three days. Fortunately, they had enough food at home and a generator.

Last year we had to read three books and all of them are about isolation. This books were Robinson Crusoe from Daniel Defoe, Lord of the flies from William Golding, and Holiday for two years from Jules Verne. I enjoyed them because they were exciting. All three books are about people who must live in an island for a while. I think it is the most horrible type of isolation. The worst situation of these is the Robinson Crusoe because he was alone in an island and he had to do everything on his own.

I think isolation is a natural situation. Most people think it has only disadvantages it has also advantages. Everybody needs to feel a bit alone so you can think over how priceless the relations with your relatives and with your friends are.