My name is **Eszter Kovács**, Eszti for short·l'm a 16 year-old aquarious, born on the 22nd of January, 1996· I live with my mother, my little brother, Olivér and our beautiful boxer called Trudi in Köszeg· This cute historical town is situated in the west of Hungary near the Austrian border·

I'm doing my studies also here, in Jurisich Miklós Secondary School· I have chosen this school because of its Englishteaching, and because my mother is an English teacher here· I have several favourite subjects: I like languages, that's why I'm studying English and German, but I'm also interested in Art,



Literature, and the subjects in connection with logic, like Maths or Physics.

This year I joined a Math club, and I really like it. My other freetime activity at school is the photo circle, which I also enjoy a lot. One of my main hobbies is dancing, which I have been regulary doing since I was 6 years old. Now I'm dancing jazz ballet, but I danced rock and roll for 7 years, and I've also tried some other types of dances as well.

My other hobbies are drawing, reading books (mainly about magical creatures), and I couldn't live without music. Just like the other teenagers I listen to music every time I can. Which is my favourite song is always changing. Right now I'm a big fan of rock, but I also take a liking to pop, hip-hop, dubstep, and rap, too.

What is my personality like? It's a big question for me, as well. People in my age are trying themselves in different things, so I think it's not surprising, that I'm trying to find myself. I think I am quite friendly, and I have some really good friends who I can rely on. Although I have really close and old friends, I would like to make new ones, but unfortunately I am a bit shy sometimes (mainly if I'm in a crowd of unknown people), but a few weeks, days or even hours later I get used to the new situation, and become more open and active. I think of myself as a creative person, and most of the time I'm not afraid to tell my opinion.

People often ask me about my future-plans. I would like to take an intermediate German language exam, and later an advanced level state exam in English. I'm planning to take some courses instead of going to university, but my plans can change.

In a nutshell, I am looking forward to this student-excange project, because it is a really good practice of English and these projects give a perfect possibility to make friends, have fun together, visit new places and learn about each other. I'm ready to learn.

## Isolation

What does isolation mean for you? What types of isolation are there? How do they influence our lives? Are they good or bad? These questions are hard to answer, but I'll try to help by writing my opinion.

There are many types of isolation: political, religious, social, geographical, economical, diplomatical, cultural, physical, emotional... I would like to introduce some of them - the most important ones for me.

When we hear the word isolation, one of the first things that comes to our mind is geographical isolation. It is mainly caused by the location of the place – forests, woods, hills, islands, and also places with extreme circumstances (the poles, deserts, rainforests, ect). We can easily think of this type of isolation in a negtive way, however, it has some advantages as well. For example people living there can save their culture more easily, because the area isn't influenced by the whole world, or it is, but only to a small extent.

There's a huge gap between the poor and the rich, too. Poor families are not only unable to afford luxury journeys and products, but making a living means also a difficulty for them. Therefore it's nearly impossible for them to broaden their horizon. As they don't own a car, they are rather immobile - in other words they are stuck to one place. These situations belong to economical isolation.

The type of isolation which comprises the most forms is <u>social</u> isolation. It appears in different generations and in different layers of society. The elderly live a solitary life in their homes or in old people's homes, which can be necessary because of their physical condition. Our health can also lead to an isolated life. If somebody is really sick, he/she is isolated in hospitals. Disabled people (who are <u>physically</u> isolated) can't take part in the life of the community, but it's also true for those who spend their sentence in prison and the homeless as well. Loneliness is not only the problem of the old, the sick, and the poor, but also that of the young. In the modern world more and more youngsters spend half of their lives in front of their computers, listening to their mp4 on max volume, and not hearing or seeing anything except what they want to. The world this way is getting more and more impersonal.

There are examples of voluntary isolation, too: For instance there are monks, and nuns who have chosen to live an isolated life because of different reasons. They are many times separated from the society in monasteries, like

the Meteoras in Greece. So people can be isolated because of their <u>religion</u>. The title of this two-year-long project is isolation. The purpose of the project must be to help the youngsters to get to know this always-changing phenomena. In the project, there're two islands – Cyprus and Menorca, as well, so in my opinion we will talk about geographical isolation, for example. In a nutshell, I'm really curious about the others' opinion in this topic, and I hope to learn a lot during the project.