

HERBS

I. Write the names of the plants in the pictures under them a: in English; b: in Latin!

1



a

b

2



a

b

3



a

b

4



a

b

5



a

b

6



a

b

7



a

b

8



a

b

9



a

b

II. Match the statements labelled with capital letters with the # of the pictures.

#		
	A	It is valued for its ability to reduce “bad cholesterol” (low-density lipoproteids)
	B	It is valued for its digestive and mouth-freshening qualities.
	C	It is valued for its astringent, anti-asthmatic and diuretic properties, in the treatment of rheumatism, kidney stone, nosebleeds and mouth ulcer. It is rich in vitamins A and C and minerals, particularly iron.
	D	It has a sedative calming effect and it is a treatment for headache.
	E	It is used to treat colds, fevers, epilepsy and constipation.
	F	It has long been used as a treatment for indigestion.
	G	It is used to cure burns, cuts. It stimulates healing processes.
	H	It improves memory
	I	In the Middle Ages it was used to treat intestinal problems, smallpox and measles. It is good to cure conjunctivitis, burns and eczema.

Solution:

I.

#	English name	Latin name
1	Lavander	Lavandula augustifolia
2	Chamomile	Chamaemelum nobile
3	Garlic	Allium sativum
4	Stinging nettle	Urtica dioica
5	Marigold	Calendula officinalis
6	Rosemary	Rosmarinus officinalis
7	Spearmint	Mentha spicata
8	Sage	Salvia officinalis
9	Aloe vera	Aloe vera

II.

letter	#
A	3
B	7
C	4
D	1
E	8
F	2
G	9
H	6
I	5