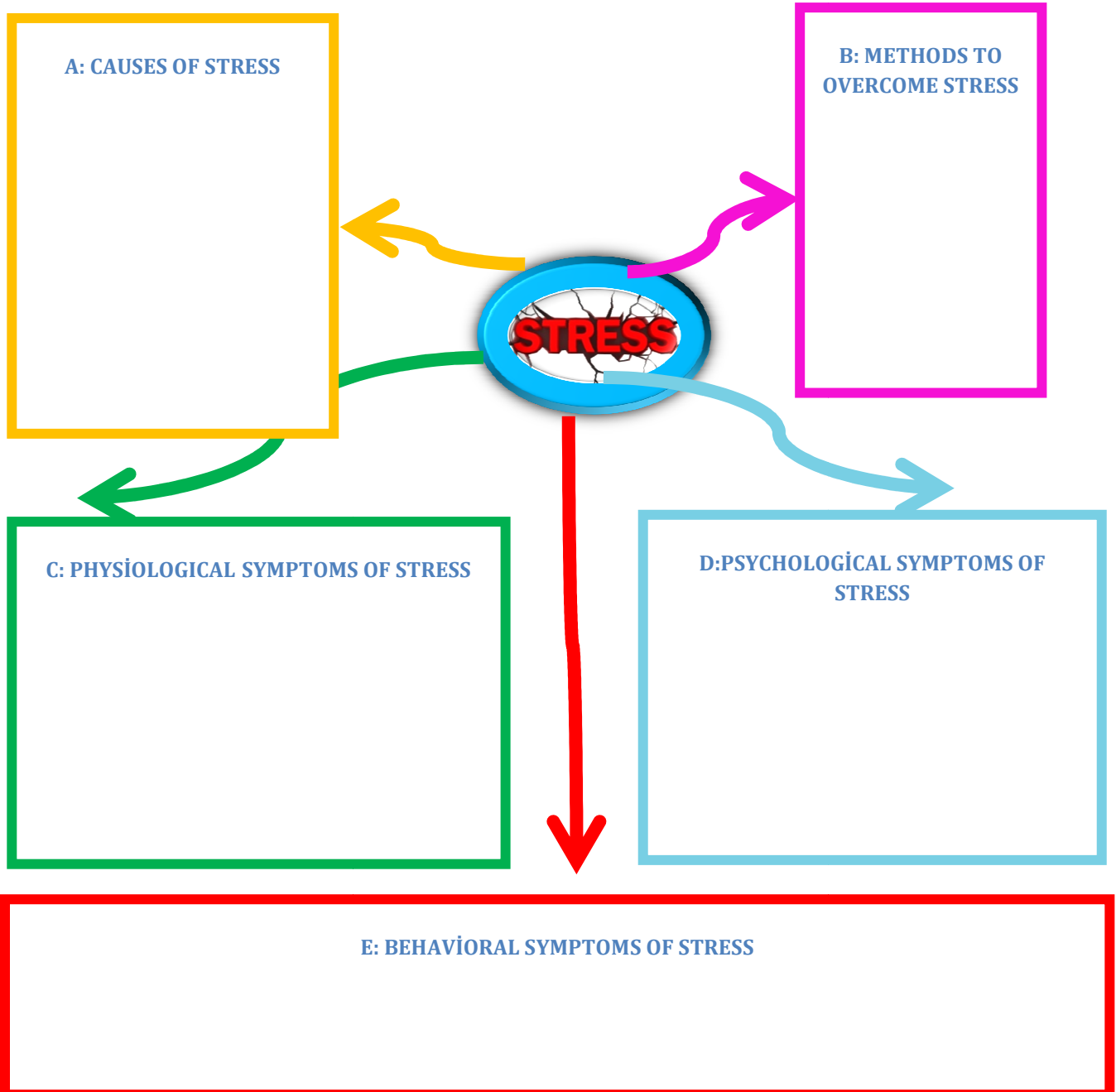


STRESS AND HEALTH

Fill in the boxes with the words related to stress given below. Write the number of the words into the correct categories.

1.	Anger	12.	Anxiety	23.	High blood pressure
2.	Overexertion	13.	Obesity	24.	Insomnia
3.	Violence, Terror, War	14.	Truculence	25.	Oversleeping
4.	Death	15.	High heartbeat	26.	Burnout
5.	Nervousness	16.	Migraine and headache	27.	Unreal expectations
6.	Breathing problems	17.	Depression	28.	Meditation and Yoga
7.	Healthy eating	18.	Fond of being perfect	29.	Physical exercise
8.	Loose memory	19.	Divorce, marriage and birth	30.	Neural tics,
9.	Getting bored	20.	Over sweating	31.	Fear of being unsuccessful
10.	Bad habits (Cigarette, Alcohol, Drugs etc.)	21.	Techniques of being relaxed breathing and resting	32.	Losing weight and lack of appetite
11.	Having hobbies	22.	Illnesses	33.	Cramped muscles



Solution:

A	B	C	D	E
31, 3, 4, 27, 22, 18,19	7, 11, 28, 29, 21	23, 20, 2, 15, 16, 6, 33,	1, 12, 8, 26, 5, 17, 9	13, 24, 25, 10, 32, 14, 30