

COMMON HEALTH PROBLEMS



A. Match the disease concepts below with their definitions.

| | | | | | |
|------------|----------------|------------|------------|-------------|---------------------|
| 1.pandemic | 2.immunization | 3.parasite | 4.epidemic | 5.pest hole | 6.incubation period |
|------------|----------------|------------|------------|-------------|---------------------|

- a** A disease can be said to be contagious if it is seen in an area much more than expected.
- b** Creatures living on or inside the body of another creature while giving harm to it.
- c** The period between catching a disease and noticing the symptoms of being ill.
- d** Creating resistance against diseases or applying treatments by using a contagious agent and toxins.
- e** Diseases breaking out on continents, which affect many people.
- f** Animate or inanimate substances in which disease factors live, which can proliferate and make healthy people sick.

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B. Write True or False for the statements below.

1. () Organisms that are good to humans are called pathogens (sickly pathogenic) microorganisms.
2. () WHO is the acronym for World Health Organization.
3. () The most harmful substances one can become addicted to is drugs.
4. () The rate of health charges shows the health status of individuals and society.
5. () Measures taken to protect the person from illnesses are called “primary protection”.
6. () Among the causes of early deaths in the world smoking is on the top.
7. () It’s necessary to get a little protein, carbohydrates, vitamins and minerals for healthy nourishment.
8. () Nausea is one of the effects alcohol causes in the central nervous system.

C. Fill in the blanks with the suitable words below.

direct infection; passive smoking, addiction; hepatitis B, AIDS; environmental; growth; psychological; obesity

- 1.....is defined as abnormal accumulation of body fat.
- 2..... is called when infection agents spread from the sick person to a healthy one directly.
- 3.....means dependence on chemicals found in cigarettes, alcohol or drugs.
- 4.....,.....can be the result of many people using the same hypodermic needle when taking drugs.
5. Adequate and balanced nutrition are of great importance in the period of.....
6. Physical, chemical and biological factors are the factors.
7. Addictions relating to, or arising from the mind or emotions is defined as addiction.
8. The act of a non-smoker inhaling the smoke exhaled by somebody else is called as

Solution

A)

| | | | | | |
|---|---|---|---|---|---|
| a | b | c | d | e | f |
| 4 | 3 | 6 | 2 | 1 | 5 |

B)

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| F | T | T | T | T | T | F | F |

C)

- 1- Obesity
- 2- Direct Infection
- 3- Addiction
- 4- Hepatitis B, AIDS
- 5- Growth
- 6- Environmental
- 7- Psychological
- 8- Passive smoking