

WHAT SHOULD OR SHOULDN'T WE DO FOR OUR HEALTH?

I) Match the pictures with sentences

- 1) You shouldn't smoke here
- 2) You shouldn't listen loud music for your health
- 3) You shouldn't speak loudly in the hospital.
- 4) You shouldn't eat fast food
- 5) You should brush your teeth regularly
- 6) You should drink enough water
- 7) You should eat fruits
- 8) You should do sports
- 9) You should wash your hands before and after having meals
- 10) You should wear warm clothes in cold weather

				
A).....	B).....	C).....	D).....	E).....
				
F).....	G).....	H).....	I).....	J).....

II) Read the sentences and write "TRUE or FALSE"

For your health

1. You shouldn't eat fish and chicken
2. You should take vitamins and exercises
3. You shouldn't get too much fat
4. You should drink milk.
5. You should get up late
6. If you are tired you shouldn't have a rest.
7. You shouldn't spend much time in front of the TV
8. If you are sick, you should take your pills on time
9. If you are fat, You should eat bread too much
10. You should use mobile phone too much

Solution:

I.

1	2	3	4	5	6	7	8	9	10
H	E	F	I	A	B	C	D	G	J

II.

1	2	3	4	5	6	7	8	9	10
F	T	T	T	F	F	T	T	F	F