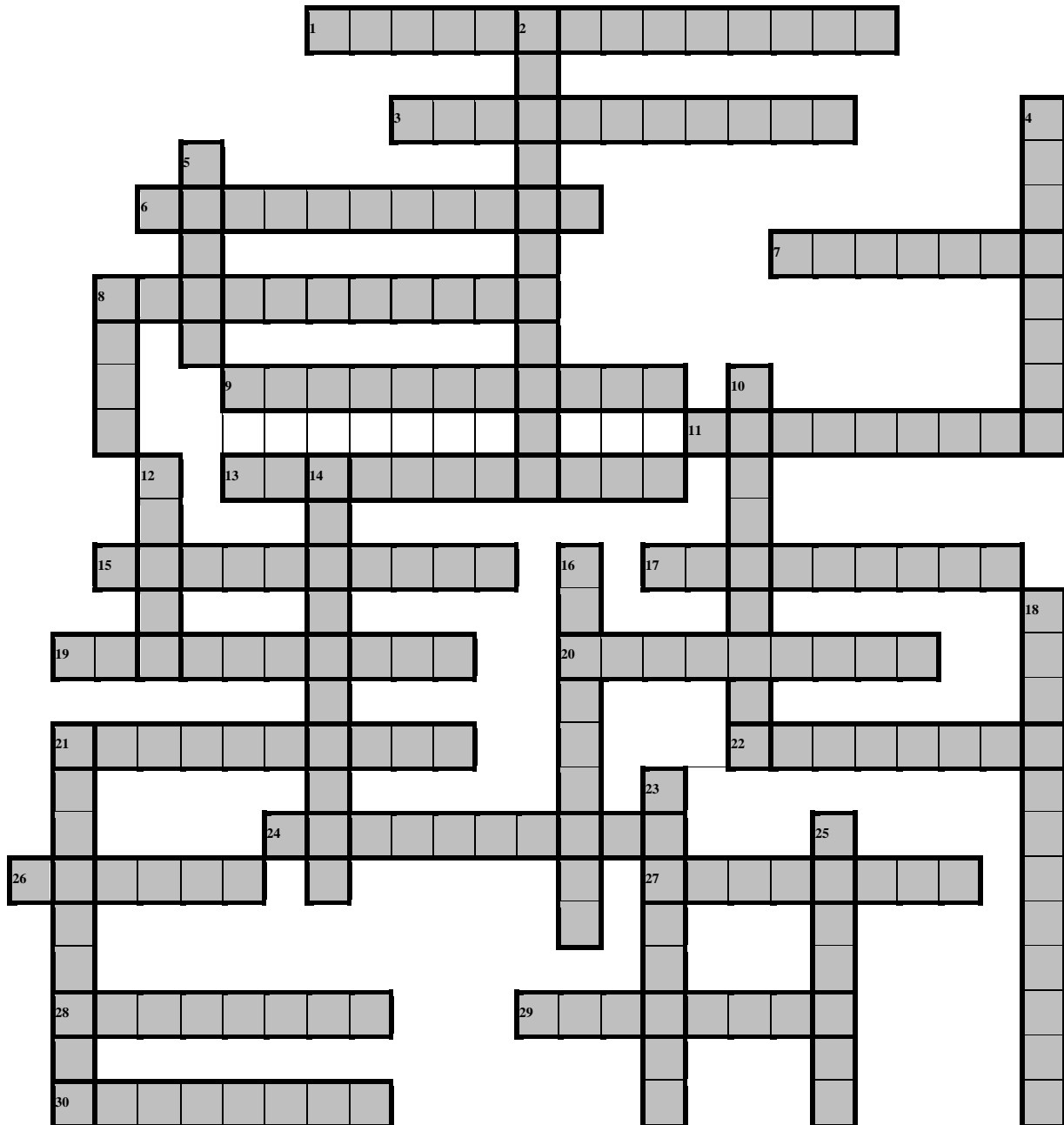


## HEALTH VOCABULARY CROSSWORD

Complete the crossword.



**Across:** 1: a treatment or treatments designed to facilitate the process of recovery from injury, illness, or disease to as normal a condition as possible; 3: things that are added to something else; 6: the use of vaccines to prevent specific diseases; 7: (the rules of) keeping yourself and things around you clean, in order to prevent disease; 8: keeping something in good condition; 9: items of food you need to make something to eat; 11: the way that you live; 13: the movement of blood around the body; 15: the act of keeping somebody/something safe so that he/she/it is not harmed or damaged; 17: an arrangement with a company in which you pay them regular amounts of money and they agree to pay the costs if, for example, you die or are ill, or if you lose or damage something; 19: stopping yourself from having or doing something that you enjoy; 20: the food that you eat and the way that it affects your health; 21: a feeling that you want to do something, even if you know that it is wrong; 22: a substance that is needed to keep somebody/something alive and healthy; 24: to put a special cream on your skin to make it less dry; 26: a short practice or a series of gentle exercises that you do to prepare yourself for doing a particular sport or activity; 27: a measure of the energy value of food (the plural form); 28: physical or mental activity that keeps you healthy and strong; 29: physical desire for food; 30: the process of preparing to take part in a sports competition by doing physical exercises.

**Down:** 2: a change which makes the quality or condition of somebody/something better; 4: made at home; not bought in a shop; 5: something that you do often and almost without thinking, especially something that is hard to stop doing; 8: the way that you are feeling at a particular time; 10: the process of changing food in your stomach so that it can be used by the body; 12: plants whose leaves, seeds, etc. are used in medicine or in cooking; 14: enjoying yourself and relaxing when you are not working; a way of doing this; 16: long life; the fact of lasting a long time; 18: a state of emotional and psychological well-being; 21: the use of medicine or medical care to cure an illness or injury; something that is done to make somebody feel and look good; 23: a return to good health after an illness or to a normal state after a difficult period of time; 25: to stop something happening or to stop somebody doing something.

Solution:

